**Menominee Adventure August 2-5, 2021 Things to Bring**

For the Back Forty Mine Tour: long sleeve shirt, long pants, close toe shoes appropriate for hiking, gloves

If you have them, also bring hard hats and safety glasses .(The company can provide quite a few of these, but may not have enough for everyone)

For Iron Mountain Mine Tour (underground mine train): They will provide light weight throw-away ponchos to protect your clothing from drips of water with dissolved iron which might stain. But it is a crisp 43 degrees in the mine, so long pants, sweater/jacket, and closed cover shoes are recommended.

For the rafting trip: cloths that you won’t mind getting wet;

They require closed-toed shoes for the trip. Water shoes or old sneakers are most common, crocs are allowed as long as they have the heel strap, and Keen/Teva style shoes with ventilation work as long as the toes are covered. They have shoe options for sale or rent on-site as well. The weather is typically very warm in Early-Mid August and water temps are normally very mild-warm. Most of the time, guests will just wear a swimsuit and if they want, a shirt. Definitely keep in mind that it is guaranteed to be wet and you will be very active. We have active wear shirts for sale in their store with their name on them that can be worn on the river and kept as a souvenir too!

Suggest you also bring sunscreen.

Generally for the trip:

Check the weather and dress appropriately (which may include rain coat)

Shoes appropriate for hiking; in some places we will be climbing over rocks

Insect propellant

Mask, hand sanitizer - - we don’t know what the pandemic conditions will be at the time of the trip, but we want everyone to be safe, particularly when indoors.